

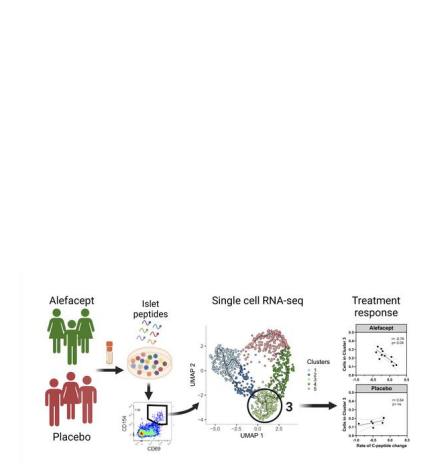
## Proinflammatory islet antigen reactive CD4 T cells are linked with response to alefacept in type 1 diabetes

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1 **Islet autoreactive CD4 T cells are linked with response to alefacept in type 1 diabetes**

2

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25

26 **Conflict of Interest:**

27 The authors declare that no conflicts of interest exist in relation to the study.

28

29 **Abstract**

30 Variation in the preservation of  $\beta$  cell function in clinical trials in type 1 diabetes (T1D) has  
31 emphasized the need to define biomarkers to predict treatment response. The T1DAL trial targeted  
32 T cells with alefacept (LFA-3-Ig) and demonstrated C-peptide preservation in ~30% of new onset  
33 T1D subjects. We analyzed islet antigen reactive (IAR) CD4 T cells in PBMC samples collected  
34 prior to treatment from alefacept- and placebo-treated subjects using flow cytometry and single  
35 cell RNA-sequencing. IAR CD4 T cells at baseline had heterogenous phenotypes. Transcript  
36 profiles formed phenotypic clusters of cells along a trajectory based on increasing maturation and  
37 activation, and T cell receptor (TCR) chains showed clonal expansion. Notably, the frequency of  
38 IAR CD4 T cells with a memory phenotype and a unique transcript profile (Cluster 3) were  
39 inversely correlated with C-peptide preservation in alefacept-, but not placebo-treated subjects.  
40 Cluster 3 cells had a proinflammatory phenotype characterized by expression of the transcription  
41 factor BHLHE40 and the cytokines GM-CSF and TNF- $\alpha$ , and shared TCR chains with effector  
42 memory-like clusters. Our results suggest IAR CD4 T cells as a potential baseline biomarker of  
43 response to therapies targeting the CD2 pathway and warrant investigation for other T cell-related  
44 therapies.

45

46

47 **Introduction**

48 Type 1 diabetes (T1D) is an autoimmune disease leading to the destruction of pancreatic  $\beta$  cells  
49 and consequently to lifelong dependence on insulin.  $\beta$  cells are silently destroyed (1) during a  
50 period of preclinical autoimmunity, which varies in length among individuals, and is characterized  
51 by an accumulation of autoantibodies against  $\beta$  cell antigens (2) and the appearance of islet  
52 autoreactive T cells in the periphery and in the tissue (3, 4). The ultimate clinical goal is to predict  
53 which individuals will develop disease and intervene therapeutically to block the islet autoimmune  
54 response and preserve insulin secretion during the preclinical period. Also, a key clinical goal is  
55 to predict response to therapy prior to treatment to stratify at-risk and T1D patients to the most  
56 effective interventions or dosing, so-called personalized medicine.

57 Clinical trials targeting T cells in new-onset T1D patients have demonstrated transient  
58 preservation of  $\beta$  cell function (5-11), albeit with variability in the response to therapy. One  
59 example is the T1DAL trial of alefacept, an LFA-3-Ig fusion protein that binds the co-stimulatory  
60 molecule CD2 (12) on memory T cells and NK cells. Mechanistically, alefacept disrupts CD58-  
61 mediated co-stimulation of T cells (13), and selectively depletes memory and effector T cells (14,  
62 15) via NK-mediated antibody-mediated cytotoxicity (16, 17). In the T1DAL trial, alefacept  
63 treatment resulted in significant preservation of endogenous insulin production in ~30% of treated  
64 subjects (responders) after two years compared with placebo participants (18, 19). Alefacept  
65 treatment in the responders depleted CD4 effector memory and central memory T cells (TEM and  
66 TCM cells, respectively) while preserving regulatory T cells (Tregs), and preservation of insulin  
67 C-peptide was associated with the development of two CD8 memory T cell populations with  
68 exhaustion-like features (20).

69           The variability in response to alefacept in different patients highlights the need for  
70 biomarkers that will predict response to treatment. One study has reported that a higher frequency  
71 of anti-inflammatory CD4<sup>+</sup>CD25<sup>+</sup>CD127<sup>high</sup> T cells at diagnosis is positively correlated with a  
72 favorable response to alefacept (21). Here, we investigate autoreactive CD4 T cells specific for  
73 epitopes in islet proteins as potential biomarkers that at baseline predict response to alefacept in  
74 new-onset T1D subjects enrolled in the T1DAL clinical trial. Previous studies from our laboratory  
75 used single cell RNA sequencing (scRNA-seq) to identify unique features of rare islet antigen  
76 reactive (IAR) CD4 T cells in T1D by capturing the T cell receptor (TCR) chains in parallel with  
77 the transcriptome of individual IAR memory T cells (22, 23). We observed that some IAR memory  
78 CD4 T cells were clonally expanded in the peripheral blood of T1D subjects and that expanded T  
79 cells had distinctive transcript phenotypes compared to non-expanded islet T cells and had  
80 increased sharing of TCR  $\alpha$  chains (22, 23). In this current study, using flow cytometry and  
81 scRNA-seq, we investigated IAR CD4 T cells in pre-treatment peripheral blood from T1DAL  
82 participants with the goal of identifying biomarkers of response to alefacept prior to treatment (18,  
83 19). Analysis identified a subset of IAR CD4 T cells with a memory phenotype and a unique  
84 transcript profile characterized by the expression of the transcription factor BHLHE40 and  
85 increased production of proinflammatory cytokines that correlated with poor response to treatment  
86 with alefacept.

87

## 88 **Results**

89 *IAR CD4 T cells in new onset T1D subjects have diverse phenotypes.*

90 We set out to assess the cell surface phenotype of IAR CD4 T cells in peripheral blood  
91 mononuclear cells (PBMC) samples collected prior to treatment from 11 alefacept- and 7 placebo-

92 treated new onset T1D subjects enrolled in the T1DAL clinical trial (**Table 1**). Subjects for the  
93 current study were selected to have a broad range of change in C-peptide levels (calculated as the  
94 rate of change in 2h C-peptide AUC) over the course of the clinical trial, a surrogate indicator of  
95 insulin secretion (**Table 1**). They ranged in age from 12-32 years and were 44% female. All  
96 subjects carried at least one copy of one of the T1D high risk HLA class II alleles, *DRB1\*04*,  
97 *DRB1\*03*, or *DQB1\*03*; 15 subjects carried DR4 only, three were DR3/DR4, and five subjects  
98 were DR3 only.

99 We performed an overnight activation-induced marker assay to identify IAR CD4 T cells  
100 by the expression of the activation marker CD154 (22, 23). Banked PBMC from the baseline visit  
101 were stimulated with a pool of 35 peptides from the islet proteins GAD65 (glutamate  
102 decarboxylase 2, 65 kDa isoform), IGRP (glucose-6-phosphatase 2 isoform 1), ZnT8 (zinc  
103 transporter 8 isoform a), IA-2 (islet cell antigen 512, protein tyrosine phosphatase receptor type  
104 N), PPI (preproinsulin), and Ins B (insulin B) that comprise immunodominant epitopes recognized  
105 by CD4 T cells in T1D subjects in the context of HLA *DRB1\*0401*, *DRB1\*0301*, and *DQ8*  
106 (**Supplemental Table 1**). As controls, PBMC were stimulated with vehicle alone or a pool of viral  
107 peptides from cytomegalovirus, adenovirus 5, and influenza A virus. Activated CD154<sup>+</sup> cells were  
108 enriched and analyzed by flow cytometry to identify CD4<sup>+</sup>CD154<sup>+</sup>CD69<sup>+</sup> islet and viral antigen  
109 reactive T cells (**Figure 1A**). IAR CD4 T cells were single cell sorted for subsequent scRNA-seq  
110 analysis. There was no significant difference detected in the frequency of IAR CD4 T cells or viral  
111 reactive T cells between alefacept or placebo treated subjects (**Supplemental Figure 2A**).

112 First, we explored whether IAR CD4 T cells differed in maturation or T helper cell  
113 polarization compared to total CD4 T cells or viral reactive T cells. IAR T cells were heterogenous  
114 in phenotype representing all naïve and memory phenotypes, compared with viral which were all

115 memory in phenotype ( $P < 0.05$  -  $P < 0.0001$ , **Supplemental Figure 2B**). The majority of IAR CD4  
116 T cells were naïve and TCM in phenotype, in similar proportions as detected in total CD4 T cells  
117 from the same cultures (**Figure 1B, D**). In contrast, viral antigen-reactive T cells from the same  
118 subjects were exclusively TCM and TEM in phenotype and differed significantly from frequencies  
119 observed in total CD4 T cells ( $P < 0.05$  -  $P < 0.0001$ ) (**Figure 1C-D, Supplemental Figure 2B**).  
120 Notably, IAR CD4 T cells had a significantly increased frequency of cells with a TSCM phenotype  
121 compared to total CD4 or viral reactive CD4 T cells ( $P < 0.0001$  and  $P < 0.05$ , respectively). All  
122 Th subsets were present amongst IAR CD4 T cells, with similar frequencies of cells with a Th2  
123 phenotype as more pathogenic Th1, Th17, and Th1/17 phenotypes (**Figure 1E, G**). Compared to  
124 the total CD4 population, IAR T cells had significantly fewer cells with a Th2 phenotype ( $P$   
125  $< 0.001$ ) but a significant increase in Th1/17 phenotype ( $P < 0.01$ ). By contrast, viral reactive T  
126 cells were primarily Th1 and Th1/17 polarized compared to IAR CD4 T cells ( $P < 0.001$ ) while  
127 IAR T cells had significantly higher frequencies of cells with Th2 ( $P < 0.01$ ) and Th17 phenotype  
128 ( $P < 0.001$ ) compared to viral reactive T cells (**Figure 1F-G, Supplemental Figure 2C**).

129        Expression of individual surface markers confirmed that IAR CD4 T cells expressed CD2,  
130 the target of alefacept. CD2 was expressed on  $>95\%$  IAR CD4, comparable to total CD4 T cells  
131 (**Supplemental Figure 2D**). The levels of CD2 expressed on IAR CD4 T cells were also  
132 significantly higher than detected on total CD4 cells ( $P < 0.001$ ) as measured by mean fluorescence  
133 intensity. Compared to viral reactive T cells, IAR CD4 T cells were less CD2+ ( $P < 0.001$ ) and  
134 expressed lower CD2 levels than detected on viral T cells (**Supplemental Figure 2D, F**). Increased  
135 CD2 levels in IAR and viral reactive T cells compared to total CD4 T cells were likely due to  
136 overnight activation with peptide; the higher avidity of foreign antigen T cell activation likely  
137 mediated greater upregulation of CD2 on viral reactive T cells than detected on IAR CD4 T cells.



138 Consistent with increased Th1/17 cells, IAR T cells were more CXCR3 positive and CCR6  
139 positive than total CD4 T cells ( $P < 0.01$ ) and did not differ from viral reactive T cells  
140 (**Supplemental Figure 2E, F**). Expression of PD-1 was also increased on IAR CD4 T cells  
141 compared to total CD4 T cells ( $P < 0.0001$ ) reflecting activation in the CD154 assay, but fewer  
142 IAR CD4 T cells expressed PD-1 and TIGIT than viral reactive cells (**Supplemental Figure 2E,**  
143 **F**). Interestingly, CD38 expression on IAR CD4 T cells did not differ from total CD4 T cells but  
144 was significantly increased compared to viral reactive cells ( $P < 0.0001$ ) (**Supplemental Figure**  
145 **2F**). The increase in CD38+ IAR T cells was limited to the TSCM and TCM populations  
146 (**Supplemental Figure G**).

147 Lastly, we determined whether the frequency of IAR CD4 T cells with a particular  
148 phenotype was linked to the rate of change in C-peptide levels in the alefacept versus placebo  
149 groups. The number of total IAR CD4 T cells ( $r = -0.80$ ,  $P = 0.02$ ) and specifically IAR T cells with  
150 a TCM phenotype ( $r = -0.76$ ,  $P = 0.02$ ) were significantly correlated with C-peptide decline in the  
151 alefacept- but not placebo-treated group (**Figure 1H, Supplemental Figure 2H**). There was no  
152 correlation of viral reactive CD4 T cells with C-peptide decline in the alefacept- or placebo-treated  
153 groups, indicating the correlation with C-peptide decline in alefacept treated subjects was specific  
154 for IAR CD4 T cells (**Figure 1I, Supplemental Figure 2I**). We also detected a significant  
155 correlation of IAR CD4 T cells in the alefacept group with quantitative response (QR) which  
156 adjusts C-peptide levels at 12 months for age and baseline C-peptide (data not shown, (24)). There  
157 was no correlation detected between IAR CD4 T cells and QR in the placebo group. We did not  
158 detect any significant association of C-peptide decline versus responder status (data not shown),  
159 IAR CD4 T cell Th lineage, or CD2 expression on IAR CD4 T cells (**Supplemental Figure 2J,**  
160 **K**).

161  
162 *IAR CD4 T cell transcript profiles form a trajectory based on maturation and activation.*  
163 To further characterize the phenotypic heterogeneity of IAR CD4 T cells, we analyzed the scRNA-  
164 seq transcript profiles from CD154<sup>+</sup>CD69<sup>+</sup> cells using the Monocle 3 toolkit (25) to cluster cells  
165 along a pseudotime trajectory. Pseudotime orders an asynchronous population of cells along a  
166 learned trajectory based on their gene expression, reflecting progress through different cell states,  
167 such as differentiation. IAR CD4 T cells from all subjects ( $n = 1,014$  cells) formed a relatively  
168 continuous trajectory consisting of five clusters of cells as shown in the Uniform Manifold  
169 Approximation and Projection (UMAP) dimensionality reduction plot in **Figure 2A**. To maximize  
170 the reproducibility of clustering in Monocle 3, we set a seed for the pseudorandom number  
171 generator. We also ensured reproducibility by repeating the clustering multiple times. Finally, we  
172 confirmed that Monocle 3 clusters included IAR CD4 T cells from all subjects, except for cluster  
173 2 which lacked cells from subject T1DAL-323347 (alefacept group), and that none of the clusters  
174 were dominated by sample bias or sample-specific characteristics (**Supplemental Figure 3A-D**,  
175 **Supplemental Table 3**). IAR CD4 T cells were distributed evenly across the Monocle clusters  
176 apart from Cluster 2 which had significantly fewer cells than the other clusters (**Supplemental**  
177 **Figure 3C**).

178 Cell clusters were annotated by mapping reference PBMC cell populations to the IAR CD4  
179 T cell trajectory using Seurat which indicated that the trajectory reflected the maturation and  
180 activation characteristics of the cells (**Figure 2B**). The top marker function in Monocle was used  
181 to identify expression of genes enriched in each cluster, including surface proteins (**Figure 2C-D**)  
182 and transcription factors (**Figure 2E-F**). Thus, Clusters 1 and 2 were composed of naïve-like IAR  
183 CD4 T cells with higher expression of the chemokine receptor genes *CCR7* and *CXCR4*, and

184 transcription factor *TCF7*, and a lower level of activation based on expression of *CD40L* (CD154),  
185 *CD69*, *CD44*, and *TNFSF9* (CD137) (**Figure 2C-D, Supplemental Figure 3C**). Cluster 3 was  
186 composed of TCM-like cells with expression of *CCR7*, and increased expression of *IL2RA* and the  
187 transcription factor *BHLHE40*. Clusters 4 and 5 were composed of TEM-like cells characterized  
188 by low expression of *CCR7*, *CXCR4*, *TCF7*, and *CREBRF*, but higher expression of *LYAR* and  
189 *NFKBID*. Notably, Clusters 3, 4, and 5, showed a gradient of increasing activation based on  
190 expression of *CD40L* (CD154), as well as *CD69* and *CD44* (**Figure 2D**).

191 Our previous studies demonstrated expansion of IAR CD4 T cells in subjects with T1D  
192 (22, 23). To assess the clonal relatedness of IAR CD4 T cells along and across the Monocle  
193 pseudotime trajectory, we identified TCR chains sharing junction nucleotide sequences between  
194  $\geq 2$  cells (expanded cells). We first compared sharing between all TCR chains regardless of HLA  
195 type (18 individuals) and identified 122 expanded cells from 16/18 subjects in both the alefacept  
196 and placebo groups that shared 44 unique TCR chains (**Figure 3A**). The majority of expanded  
197 cells shared both TRA and TRB chains, followed by sharing of only a single TRA or TRB chain  
198 (TRB>TRA), and a few cases of sharing of 3 chains. Sharing was detected predominantly within  
199 IAR CD4 T cells of individual subjects (15 subjects) rather than between subjects (5 subjects)  
200 reflecting greater numbers of private versus public TCRs in this data set (23). We next analyzed  
201 TCR sharing in relation to HLA to avoid bias in estimating sharing. DR4 positive individuals  
202 (n=13) were defined as those having at least one HLA-DRB1 \*04 allele and were compared to  
203 DR4 negative subjects (n=5) (**Figure 3A**). This analysis showed TCR chain sharing between IAR  
204 CD4 T cells in both DR4 and non-DR4 individuals, with more sharing amongst DR4 positive  
205 individuals than DR4 negative individuals, reflecting both the greater number of DR4 positive  
206 individuals tested and the prevalence of DR4 restricted peptides (n=29) versus non-DR4 restricted

207 peptides (n=6) in the peptide pool used for stimulation. Considered as a percentage of total TCRs  
208 tested, we observed similar percentages of expanded TCRs in IAR CD4 T cells from DR4 positive  
209 versus DR4 negative individuals (79% versus 84%, respectively).

210 Expanded IAR CD4 T cells from all clusters of DR4-positive individuals shared junctions  
211 with cells in other clusters (**Figure 3A**). Cells sharing identical TCR junction nucleotide sequences  
212 in different transcriptome clusters indicated heterogenous expression profiles between clonally  
213 related cells. Expanded cells comprised approximately 2%, 14%, 26%, 23% and 35% of cells in  
214 Clusters 1-5, respectively. The distribution between clusters for cells with expanded junctions  
215 differed from the distribution between clusters of total cells ( $P= 0.0079$ , Kolmogorov-Smirnov  
216 test), with Cluster 1 and Cluster 2 having proportionally less sharing, and Clusters 3-5 having more  
217 shared TCR chains. This supports the distribution of T cells from naïve to  
218 memory/effector/activated phenotypes along the proposed trajectory (**Figure 2B**), with more naïve  
219 cells showing less sharing (i.e., less expansion). Though our studies were underpowered for  
220 analysis of junction amino acid sequence motifs, we did not note any obvious patterns of  
221 overrepresentation by visual analysis.

222 Four expanded TCRs from this study were previously shown to be specific for islet  
223 epitopes from GAD65 and ZnT8 (23). We also compared expanded TCR chain junction amino  
224 acid sequences to databases of TCRs of known specificities (VDJbd (26), McPAS (27)) which  
225 identified 10/44 chains (6 TRA junctions, 4 TRB junctions) that matched a single chain from TCRs  
226 reported to recognize microbial or dietary antigens, including epitopes from EBV, CMV, HIV-1,  
227 Influenza A, or *Mycobacterium tuberculosis*. One TRA junction matched a TRA chain from a  
228 Celiac disease TCR recognizing the immunodominant epitope DQ2.5-glia- $\alpha$ 2 (28). None of these

229 matches included both the TRA and TRB chains of a single TCR and most were not 3-point  
230 matches encompassing the V gene, CDR3 sequence, and J gene.

231

232 *IAR CD4 T cells with a proinflammatory phenotype are linked with response to alefacept.*

233 To determine if IAR CD4 T cells with a particular transcript phenotype were associated with  
234 response to therapy, we compared the distribution of cells across the five Monocle clusters with  
235 C-peptide change in each subject in the alefacept and placebo groups (**Figure 4A**). This analysis  
236 showed that the fraction of cells in Cluster 3 from each subject was inversely correlated with the  
237 rate of C-peptide change ( $r = -0.76$ ,  $P = 0.04$ ) in the treatment group but not in the placebo group  
238 ( $r = 0.64$ ,  $P = \text{ns}$ ) (**Figure 4B**). No other Monocle clusters were significantly correlated with the  
239 rate of C-peptide change in the alefacept or placebo group (**Figure 4A**). Thus, alefacept-treated  
240 subjects who had a higher fraction of IAR CD4 T cells with a Cluster 3 proinflammatory transcript  
241 profile at baseline, experienced a greater decline in C-peptide over the course of the clinical trial  
242 compared with those with a lower percentage of Cluster 3 cells.

243 The relationship of Cluster 3 cells with C-peptide change mirrored that of IAR CD4 TCM  
244 cells (**Figure 2H**). To determine if Cluster 3 cells and IAR CD4 TCM cells were directly related,  
245 we correlated the frequency of IAR CD4 TCM cells per subject with the fraction of cells per  
246 subject in Cluster 3 (**Figure 4C**). We detected a significant direct correlation between Cluster 3  
247 cells and IAR CD4 TCM cells in alefacept treated subjects ( $r = 0.86$ ,  $P = 0.007$ ) but not in the  
248 placebo group ( $r = 0.14$ ,  $P = \text{ns}$ ), suggesting cells with a Cluster 3 transcript phenotype contributed  
249 to the association of IAR CD4 TCM cells with alefacept response. No other clusters were  
250 correlated with the frequency of IAR TCM cells.

251

252 *Cluster 3 cells have a proinflammatory phenotype.*

253 We then focused our attention on the gene expression profiles of IAR CD4 T cells in Cluster 3. To  
254 identify markers enriched in expression in Cluster 3 cells, we performed differential gene  
255 expression analysis, comparing cells in Cluster 3 versus all other clusters using Monocle 3  
256 regression analysis. This analysis revealed 153 genes that were significantly upregulated ( $P < 0.05$ )  
257 in Cluster 3 IAR CD4 T cells and 184 genes that were significantly decreased (**Figure 5A,**  
258 **Supplemental Table 4**). Notably, IAR CD4 T cells from Cluster 3 expressed significantly higher  
259 levels of *TNFRSF9* (CD137,  $q = 6.3 \times 10^{-17}$ ), *IL2RA* (CD25,  $q = 5.9 \times 10^{-7}$ ), and the transcription  
260 factor *BHLHE40* ( $q = 4.4 \times 10^{-14}$ ), and significantly lower expression of *IL7R* (CD127,  $q = 7.8 \times 10^{-$   
261  $10$ ) (**Figure 2C-F, Supplemental Figure 3C**). The cells in Cluster 3 also expressed high levels of  
262 *CD2* (**Supplemental Figure 3C**), and *CSF2* (GM-CSF), *IL2*, *IFNG* (IFN- $\gamma$ ), *IL17A*, and *TNF*  
263 (**Figure 5B**), all cytokines reported to be regulated by BHLHE40 in T cells (29-31). We did not  
264 observe significantly different expression of genes for cytokines with tolerogenic or anti-  
265 inflammatory function (e.g., *IL10*, *TGFB1*, *TGFB2*). Qualitatively similar results were obtained  
266 upon repeating the differential gene expression analysis after excluding naïve-like cells in Cluster  
267 1, suggesting that differential expression of the genes in Cluster 3 was primarily a property of  
268 memory like cell clusters. We also did not note any indication of differential gene expression  
269 associated with different HLA class II alleles, as expected since our data set was predominantly  
270 HLA DR4 positive.

271 We sought to independently confirm that CD4 T cells with a Cluster 3 phenotype express  
272 the transcription factor BHLHE40 and proinflammatory cytokines using flow cytometry. To  
273 accomplish this, we identified differentially expressed genes in Cluster 3 cells that would  
274 distinguish these cells from others by flow cytometry, selecting CD137, CD2, CD25, and CD127

275 as the main surface markers identifying this population (**Figure 5A, Supplemental Figure 3C**).  
276 Since CD137 can also be expressed by Tregs, we included FOXP3 staining to further differentiate  
277 Cluster 3 cells as non-Treg (FOXP3 negative). Cytokines selected for analysis included GM-CSF,  
278 TNF- $\alpha$ , IL-2, IFN- $\gamma$ , and IL-17A which were expressed in Cluster 3 IAR CD4 T cells in the  
279 scRNA-seq data and/or are regulated by BHLHE40 (32) (**Figure 5B**).

280 PBMC from five established T1D patients (**Supplemental Table 5**) were stimulated  
281 overnight with anti-CD3/anti-CD28 beads to assess their functionality by intracellular cytokine  
282 staining in relation to BHLHE40 expression. Cluster 3-like cells were gated as CD4<sup>+</sup>CD45RA<sup>-</sup>  
283 CD45RO<sup>+</sup>FOXP3<sup>-</sup>CD2<sup>high</sup>CD25<sup>+</sup>CD127<sup>-</sup>CD137<sup>+</sup> (**Supplemental Figure 4A**). Within the CD4  
284 population, T cells in the top 75<sup>th</sup> percentile of BHLHE40 expression were compared with the cells  
285 in the bottom 25<sup>th</sup> percentile of expression to define BHLHE40 high versus low expression,  
286 respectively (**Figure 5C**). These percentile gates were then applied to total CD4 memory T cells  
287 and Cluster 3-like cell populations. We confirmed that ~ 85% of cells expressing Cluster 3 markers  
288 expressed BHLHE40 at high levels, compared to ~ 60% in CD4 memory cells and ~ 30% in total  
289 CD4 T cells ( $P < 0.001$ ) (**Figure 5D, Supplemental Figure 4C**). After overnight stimulation, we  
290 compared cytokine expression between BHLHE40<sup>high</sup> and BHLHE40<sup>low</sup> CD4 memory T cells and  
291 Cluster 3-like cells with high BHLHE40 expression (**Supplemental Figure 4B**). There were low  
292 numbers of Cluster 3-like cells with low BHLHE40 expression (**Figure 4D**), so comparison was  
293 made to BHLHE40<sup>low</sup> CD4 memory T cells.

294 We detected expression of GM-CSF, TNF- $\alpha$ , IL-2, and IFN- $\gamma$  in CD4 memory T cells and  
295 Cluster 3-like cells, whereas expression of IL-17A was lower (**Figure 5E**). Comparison of  
296 cytokine expression in relation to BHLHE40 expression in the five T1D subjects confirmed that  
297 there was a significant difference in the percentage of cytokine positive cells across the three

298 populations ( $P < 0.01$ ,  $P < 0.05$ ) (**Figure 5F**). A significantly higher percentage of BHLHE40<sup>high</sup>  
299 CD4 memory T cells and Cluster 3-like cells expressed GM-CSF and TNF- $\alpha$ , than BHLHE40<sup>low</sup>  
300 cells (**Figure 5F**). IL-2 expression was also increased in BHLHE40<sup>high</sup> CD4 memory T cells  
301 compared to BHLHE40<sup>low</sup> cells, although there was a lower frequency of IL-2<sup>+</sup> Cluster 3-like cells.  
302 No significant differences were detected between individual populations for IFN- $\gamma$  and IL-17A,  
303 consistent with their lower expression. These results support that CD4 T cells with a Cluster 3-  
304 like phenotype express BHLHE40 protein and proinflammatory cytokines.

305

## 306 **Discussion**

307 Analysis of changes in immune phenotypes in T1D clinical trials has revealed clues to the  
308 mechanism of action of several immunotherapies and characteristics of the response to therapy  
309 (20, 33-35). However, few studies have identified immune phenotypes at baseline (pre-treatment)  
310 that can predict treatment outcome in patients with T1D, particularly amongst islet antigen-reactive  
311 T cells. Here we analyzed rare IAR CD4 T cells in PBMC collected at baseline from alefacept-  
312 and placebo-treated new onset T1D subjects enrolled in the T1DAL clinical trial with the goal of  
313 identifying characteristics of autoreactive CD4 T cells that predicted response to therapy. We  
314 identified two notable features at baseline that correlated with the rate of C-peptide change in  
315 alefacept-treated subjects: the frequency of IAR CD4 T cells with a proinflammatory phenotype  
316 and the absolute number of IAR CD4 TCM cells. Both features were inversely correlated with C-  
317 peptide preservation. Neither of these features were significantly correlated with rate of C-peptide  
318 change in the placebo group indicating that they were specific for alefacept treatment. These  
319 findings complement the report that baseline frequencies of anti-inflammatory  
320 CD4<sup>+</sup>CD25<sup>+</sup>CD127<sup>high</sup> T cells at T1D diagnosis are correlated with a favorable response to



321 alefacept (21) and may indicate response to therapy is linked to the balance of proinflammatory  
322 autoreactive cells with this anti-inflammatory cell population. It will be important to determine if  
323 these measures are mutually exclusive or if a composite biomarker of both measures is more  
324 predictive of outcome.

325 Overall, IAR CD4 T cells had diverse phenotypes. IAR CD4 T cells were primarily naïve  
326 and TCM, which is consistent with antigen experience in the new onset T1D subjects. Notably,  
327 IAR CD4 T cells with a TSCM phenotype were significantly increased compared to total CD4 T  
328 cells and viral reactive T cells. All Th subsets were represented, with similar levels of Th2 cells as  
329 more pathogenic Th1, Th17, and Th1/17 subsets. IAR CD4 T cells had significantly higher  
330 frequency of Th1/17 polarized cells than total CD4 T cells in the same subjects and higher Th2  
331 and Th17 cell frequencies compared to viral reactive T cells. We cannot exclude the possibility of  
332 IAR CD4 T cells with a Tfh-like phenotype since CXCR5 was not included in our flow panel.  
333 Interestingly, IAR CD4 TSCM and TCM cell populations expressed more CD38 than viral reactive  
334 T cells, which may suggest recent activation in vivo. This aligns with a previous study which found  
335 expression of CD38 on IAR memory CD4 T cells could distinguish them from islet T cells from  
336 healthy donors (36). Importantly, nearly all IAR CD4 T cells expressed CD2, the target of  
337 alefacept, ensuring their ability to be targeted by the immunotherapy.

338 Further dissection of the diverse phenotypes of IAR CD4 T cells was achieved by  
339 examining their scRNA-seq transcript profiles which generated a phenotypic trajectory based on  
340 a combination of maturation and activation status. Expansion of IAR CD4 T cells based on shared  
341 TCR chains was detected, primarily among cells with memory transcript profiles. Four of the five  
342 clusters of IAR CD4 T cells shared TCR chains suggesting further activation and differentiation  
343 to effector memory cells. Notably, analysis of the individual clusters revealed that the frequency

344 of IAR CD4 T cells in Cluster 3 was inversely correlated with C-peptide in the alefacept-treated  
345 subjects, but not in the placebo group. The frequency of Cluster 3 cells was directly related to the  
346 frequency of IAR TCM cells, suggesting that cells with a Cluster 3 transcript phenotype  
347 contributed to the association of IAR CD4 TCM cells with alefacept response. Further analysis of  
348 Cluster 3 cells revealed a proinflammatory phenotype characterized by expression of the  
349 transcription factor BHLHE40 and the proinflammatory cytokines GM-CSF, TNF- $\alpha$ , IFN- $\gamma$  and  
350 IL-17A as well as IL-2. We confirmed by flow cytometry that circulating CD4 memory T cells  
351 from T1D subjects with a similar surface phenotype expressed BHLHE40 and higher levels of  
352 GM-CSF, TNF- $\alpha$ , IFN- $\gamma$ , and IL-17A upon activation. Thus, new onset T1D patients with a higher  
353 frequency of proinflammatory IAR CD4 T cells at baseline had a greater decline in C-peptide with  
354 alefacept treatment.

355         BHLHE40, also known as Bhlhb2, Dec1, and Stra13, is a member of the basic helix-loop-  
356 helix transcription factor family that binds to class B E-box DNA sequences with the consensus  
357 motif CACGTG (37). This transcription factor is of growing interest in the field of autoimmune  
358 and inflammatory diseases due to its crucial involvement in T cell activation and regulation of  
359 cytokine production in CD4 T cells (29, 31, 32, 38). Recent studies have also linked BHLHE40  
360 expression in intratumoral T cells with effective anti-tumor responses following immune  
361 checkpoint blockade (39, 40). Evidence from both humans and mouse models showed that  
362 BHLHE40 modulates the downregulation of IL-10 while promoting the expression of  
363 proinflammatory cytokines, such as IFN- $\gamma$  and GM-CSF (29, 31, 32, 41-43). Proinflammatory  
364 CD4 cells with a similar BHLHE40<sup>+</sup> phenotype have been identified in the joints of patients with  
365 juvenile arthritis (44) and these cells expressed GM-CSF, TNF- $\alpha$ , and IFN- $\gamma$ . BHLHE40 also  
366 functions in circadian clock pathways (45-47) and we cannot rule an impact of circadian clock on

367 the T cell responses detected in samples in our study since blood draws were not performed at a  
368 specified time of day in the clinical trial protocol.

369 Our study had some limitations. The cohort of 11 alefacept and 7 placebo new onset  
370 subjects was relatively small, and we lacked a validation cohort due to sample limitations from the  
371 T1DAL trial. This would have added statistical power to the analyses. Further studies are required  
372 to confirm whether the number of IAR CD4 T cells and/or higher frequency of BHLHE40<sup>+</sup>  
373 proinflammatory IAR CD4 T cells at baseline can predict response to therapy targeting CD2. It is  
374 also important to note that analysis of IAR CD4 T cells in the blood may not fully reflect immune  
375 regulation occurring in the pancreas. Lastly, although alefacept production has been discontinued  
376 due to the availability of other more effective therapies for psoriasis, the primary indication of the  
377 drug (48), other biologics targeting CD2 are currently in development for future trials in T1D or  
378 the at-risk setting.

379 The results of this study may have implications for the design of future clinical trials  
380 targeting CD2. The observation that higher numbers or frequency of IAR CD4 T cells were  
381 associated with poor response to alefacept raises the possibility that dosing may be inadequate to  
382 eliminate or sufficiently reduce IAR CD4 T cell populations in certain individuals. Recent studies  
383 of clinical trials with rituximab or abatacept in new onset T1D have also suggested that dosing  
384 strategies may need to be targeted to the drug pharmacodynamic and immune profiles of individual  
385 patients for optimal responses as we move towards the goal of precision medicine in T1D (49, 50).  
386 However, the correlation of IAR CD4 T cell number or proinflammatory phenotype specifically  
387 in the alefacept-treated subjects but not in placebo-treated subjects suggests an interaction with the  
388 drug, perhaps agonist activation of proinflammatory cells or deletion of an NK-like population  
389 with regulatory activity or CD4<sup>+</sup>CD25<sup>+</sup>CD127<sup>high</sup> anti-inflammatory cells (20, 21). Overall, our

390 results suggest a role for a subset of proinflammatory IAR CD4 T cells detected in peripheral blood  
391 in pancreatic dysfunction and as potential biomarkers of treatment response in clinical trials of  
392 therapies targeting the CD2 pathway. IAR CD4 T cells warrant investigation for other T cell-  
393 related therapies.

394

## 395 **Materials and Methods**

396 *Clinical trial and banked human samples.*

397 Cryopreserved PBMC from the baseline time point (pre-treatment) were obtained from 18 new  
398 onset T1D subjects enrolled in the T1DAL clinical trial (NCT00965458) sponsored by the Immune  
399 Tolerance Network (18, 19). The phase 2 randomized, double-blind placebo-controlled trial  
400 enrolled a total of 49 participants <100 days from T1D diagnosis: 33 assigned to the alefacept arm  
401 and 16 to the placebo arm. Patients received weekly injections of drug or placebo for two 12-week  
402 courses and were followed for 24 months. Of the 18 subjects in the current study, 11 were treated  
403 with alefacept and 7 were treated with placebo. Patient characteristics are summarized in **Table 1**.  
404 The rate of C-peptide change for each subject over 24 months was estimated as exponential decay  
405 using a random effects model of log(C-peptide 2h AUC) values as previously described (50, 51).  
406 All subjects had at least one *DRBI\*04*, *\*03*, or *DQBI\*03* high risk allele (only 2-digit HLA  
407 genotype data were available for this study). We performed additional validation of our findings  
408 using cryopreserved PBMC from established T1D patients from the Benaroya Research Institute  
409 Registry and Repository. All samples were tested in a blinded manner.

410

411 *Isolation of islet antigen reactive T cells.*

412 IAR CD4 T cells were isolated from cryopreserved PBMC using a CD154 activation assay as  
413 previously described (22, 23). Briefly, PBMC were stimulated for 14 hours in the presence of 1  
414  $\mu\text{g/ml}$  anti-CD40 antibody (Miltenyi Biotech, clone HB14) with either a vehicle control (DMSO),  
415 positive control viral peptides (Peptivator CMV pp65, Peptivator Adv5 Hexon purchased from  
416 Miltenyi Biotech and MP8 57-76 KGILGFVFTLTVPSERGLQR and MP54 97-116  
417 VKLYRKLKREITFHGAKEIS influenza A peptides), or a 35-islet peptide pool from the islet  
418 proteins GAD65, IGRP, ZnT8, IA-2, PPI, and Ins B that comprise immunodominant epitopes  
419 recognized by CD4 T cells in T1D subjects in the context of HLA DRB1\*0401, DRB1\*0301 and  
420 DQ8 (**Supplemental Table 1**). Following stimulation, cells were stained with PE-coupled anti-  
421 CD154 antibody and the activated CD154<sup>+</sup> T cells were enriched using anti-PE magnetic beads  
422 (Miltenyi). Cells were then surface stained using fluorescent tagged antibodies specific for CD4,  
423 CD8, CD14, CD19, CD56, CD69, CD45RA, CCR7, CD95, CCR4, CXCR3, CCR6, PD-1, TIGIT,  
424 and CD2 for flow cytometry analysis. Antibody details are listed in **Supplemental Table 2**. Live  
425 CD4<sup>+</sup>CD154<sup>+</sup>CD69<sup>+</sup> activated cells from the islet peptide-stimulated culture were flow sorted  
426 based on gating set with the DMSO vehicle control (**Figure 1A, Supplemental Figure 1**). Sorting  
427 and flow cytometry acquisition were performed with a BD FACSAria Fusion cell sorter. Cells  
428 were index-sorted into a 96-well plate containing 5  $\mu\text{l}$ /well reaction buffer from SMART-Seq v4  
429 Ultra Low Input RNA Kit (Takara Bio) for subsequent library preparation. The frequency of IAR  
430 CD4 T cells or viral antigen reactive CD4 T cells per million total CD4 T cells was calculated in  
431 relation to a pre-enrichment sample using the following formula: (#enriched IAR-CD4 T cells  $\times$   
432  $1\text{e}6$ ) $\div$ (#CD4 T cells in pre-enrichment sample  $\times$  dilution factor).

433

434 *scRNA-seq and analysis.*

435 Sorted IAR CD4 T cells were subjected to cDNA synthesis and preamplification, and sequencing  
436 libraries were generated using NexteraXT DNA sample preparation kit with dual indexes  
437 (Illumina) as previously described (22). Barcoded single cell libraries were pooled and sequenced  
438 with single-index 58 bp reads on a HiSeq 2500 System (Illumina) to a target depth of 1.25 million  
439 reads per cell. We used the MiXCR R package to identify productive TCR  $\alpha$  and  $\beta$  chain  
440 rearrangements. TCR chain comparisons between cells were made based on perfect nucleotide  
441 matching for the recombined V-J or V-D-J junction sequence from the second cysteine residue  
442 (position 104) to the J-phenylalanine or J-tryptophan residue (position 118); a chain was  
443 considered expanded if it was detected in at least two cells. Comparisons of TCR junctions to the  
444 databases VDJdb (26) and McPAS (27) were made using the junction amino acid sequence.  
445 Transcript analysis was performed using the Monocle 3 (25) package. Profiles were batch  
446 corrected (52) for cellular detection rate (53). Cell profiles were clustered (54) and subjected to  
447 dimensionality reduction using UMAP (55). Pseudotime analysis as implemented in Monocle 3  
448 was performed as described (56), setting a seed for the pseudorandom number generator to  
449 maximize the reproducibility of clustering. Clustering was also repeated multiple times to assess  
450 reproducibility of clustering. Cell clusters were annotated by mapping reference PBMC cell  
451 populations to the IAR CD4 T cell trajectory using the FindTransferAnchors and the MapQuery  
452 functions in Seurat (57). Genes defining clusters were determined using the top\_marker function  
453 in Monocle 3. Identification of differentially expressed genes (DEGs) in a single cluster compared  
454 to all other clusters was determined using the fit\_models regression analysis function in Monocle  
455 3. The fit\_models function fits a generalized linear model for each gene in a cell data set.

456

457 *Flow cytometry analysis.*

458 Supervised analysis of flow cytometry data from enriched antigen reactive CD4 T cells was  
459 performed using FlowJo software version 10.8.1 (Tree Star) to identify T cell subsets (Th1, Th2,  
460 Th1/Th17, Th17), maturation stages (naïve; TSCM; TCM; TEM), activation and inhibitory  
461 receptor expression (CD38, PD-1, TIGIT), and expression of CD2 on islet or viral reactive CD4 T  
462 cells as gated in **Supplemental Figure 1**. Flow cytometry of total CD4 T cells was performed  
463 using the pre-enrichment sample from either the islet or viral peptide stimulated cultures.  
464 Intracellular cytokine staining (ICS) on bulk CD4 T cells was performed using cryopreserved  
465 PBMC from subjects with established T1D. Cells were thawed, rested, and stimulated for 18 hours  
466 with Immunocult CD3/CD28 T cell activator cocktail 1:80 (STEMCELL Technologies). Then  
467 cells were further activated with 50 ng/mL PMA (Sigma-Aldrich) and 500 ng/mL ionomycin  
468 (Sigma-Aldrich) in the presence of 1 µg/mL of Brefeldin A (BioLegend) and 1µg/ml of Monensin  
469 (BD Biosciences) for 4 hours. Cells were stained with live/dead blue (Invitrogen) followed by  
470 fluorescent-tagged antibodies specific for extracellular markers including CD3, CD4, CD8, CD19,  
471 CD14, CD56, CD45RA, CD45RO, CCR7, CD95, CD127, CD137, PD-1, TIGIT, CD25, CD2, and  
472 CD27. Cells were then fixed and permeabilized (eBioscience intracellular fixation and  
473 permeabilization buffer set) and stained for intracellular transcription factors (BHLHE40 and  
474 FOXP3) and cytokines (IFN-γ, IL-2, IL-17A, GM-CSF, TNF-α). Antibodies are detailed in  
475 **Supplemental Table 2**. Flow cytometry was performed with a Cytex Aurora spectral cytometer  
476 and analyzed using FlowJo. Samples were gated as live, dump negative (CD14, CD19, CD8,  
477 CD56), CD3<sup>+</sup>, CD4<sup>+</sup>, CD45RO<sup>+</sup>, CD45RA<sup>negative</sup>, FOXP3<sup>negative</sup>, CD2<sup>high</sup>, CD25<sup>+</sup>, CD127<sup>negative</sup>,  
478 and CD137<sup>+</sup>, as shown in **Supplemental Figure 4A**. Within the CD4 population, BHLHE40  
479 expression levels were defined by identification of the 25<sup>th</sup> and the 75<sup>th</sup> percentile of the BHLHE40  
480 MFI using the FlowJo percentile calculation function, where cells ≤25<sup>th</sup> percentile were considered

481 to have low expression for the transcription factor and cells  $\geq 75^{\text{th}}$  percentile were considered to  
482 have high expression (**Figure 5A**). These gates were then applied to the memory and Cluster-3-  
483 like cells. Finally, manual gating for intracellular cytokine expression was based on a no  
484 stimulation (no Immunocult/no PMA and ionomycin) control (**Supplemental Figure 4B**).

485

#### 486 *Statistical analysis.*

487 Statistical tests were performed using the R programming language or GraphPad Prism version 9.  
488 Wilcoxon signed rank tests were used to assess differences in paired group comparisons and Mann  
489 Whitney U tests were used to analyze unpaired two group comparisons. Differences across cells  
490 expressing high and low BHLHE40 levels were determined using Friedman tests. A Kolmogorov-  
491 Smirnov test was used for comparing the distribution of cells with expanded TCRs between  
492 clusters. Spearman rho correlation tests were performed to assess correlation of non-parametric  
493 variables. An FDR adjusted p-value of  $<0.1$  was used to define differential gene expression. The  
494 specific test used to derive each *P* value is listed in the figure legends. *P* values were adjusted for  
495 multiple testing using the Benjamini-Hochberg test correction (58) and adjusted *P* values  $<0.05$   
496 were considered significant.

497

#### 498 *Study approval.*

499 The study was approved by the Benaroya Research Institute's Institutional Review Board,  
500 protocols 10024 and 3041700. All participants provided written informed consent upon enrollment  
501 in the study.

502

#### 503 *Data availability.*



504 All data and analyses from this study are available from the ITN TrialShare public website  
505 (<https://www.itntrialshare.org/project/home/begin.view>) and the GEO Repository (accession  
506 number GSE182870). Supporting data for graphs are included in the supporting data values Excel  
507 file. R code for analysis is deposited on GitHub ([https://github.com/BenaroyaResearch/Islet-  
508 autoreactive-CD4-T-cells-are-linked-with-response-to-alefacept-in-type-1-diabetes.git](https://github.com/BenaroyaResearch/Islet-autoreactive-CD4-T-cells-are-linked-with-response-to-alefacept-in-type-1-diabetes.git)).

509

### 510 **Author contributions**

511 KC, PSL, EB, ES, and GTN designed the study. EB, JC, VH, and MR performed experiments  
512 and prepared data. EB, AH, HD, PSL, and KC performed analyses of data, interpretation, and  
513 figure generation. ES and GTN provided T1DAL samples, meta data, and interpretation. CS and  
514 CJG recruited T1D subjects and provided banked PBMC samples. EB, PSL, and KC wrote the  
515 manuscript with contributions from the other authors.

516

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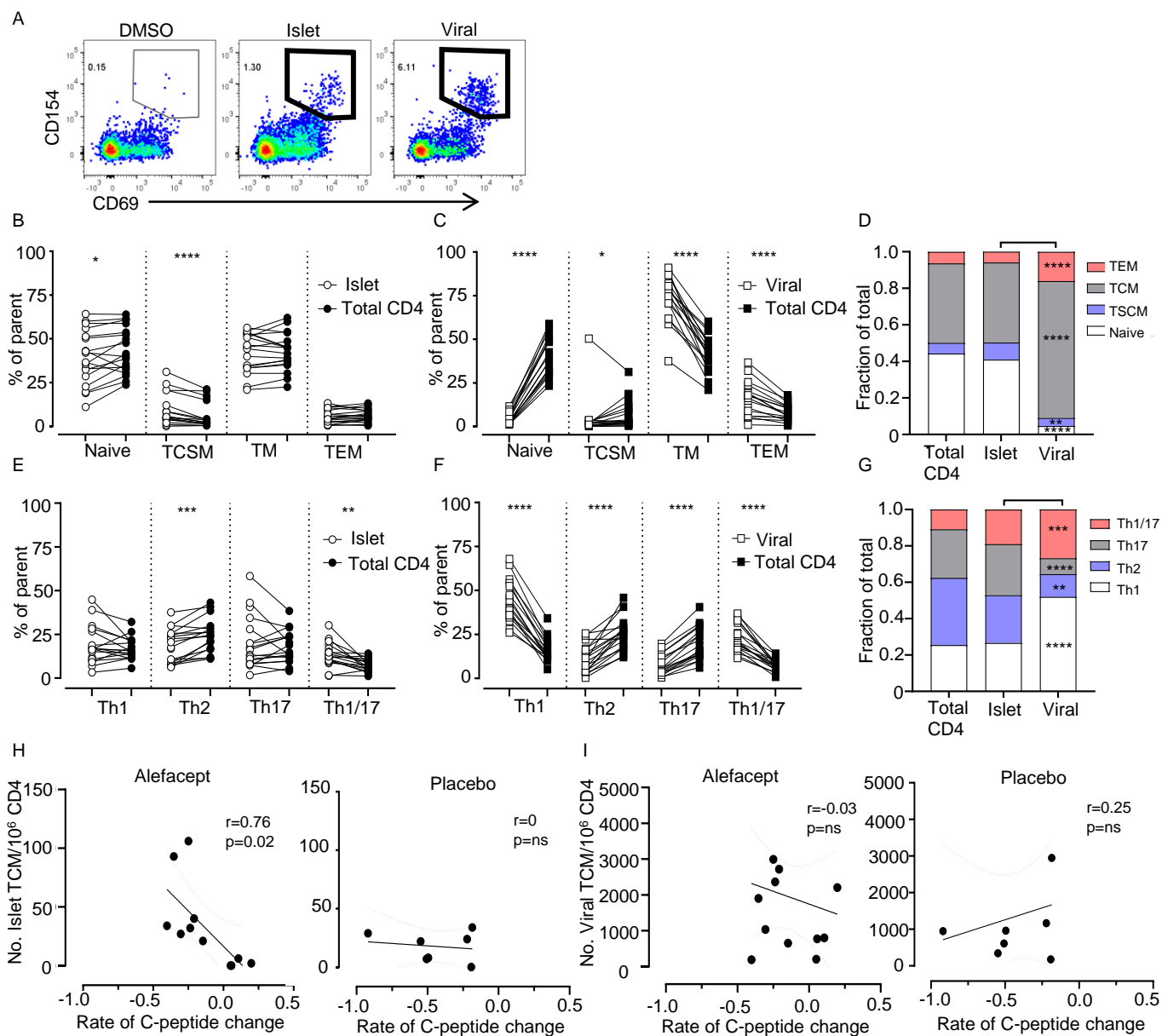
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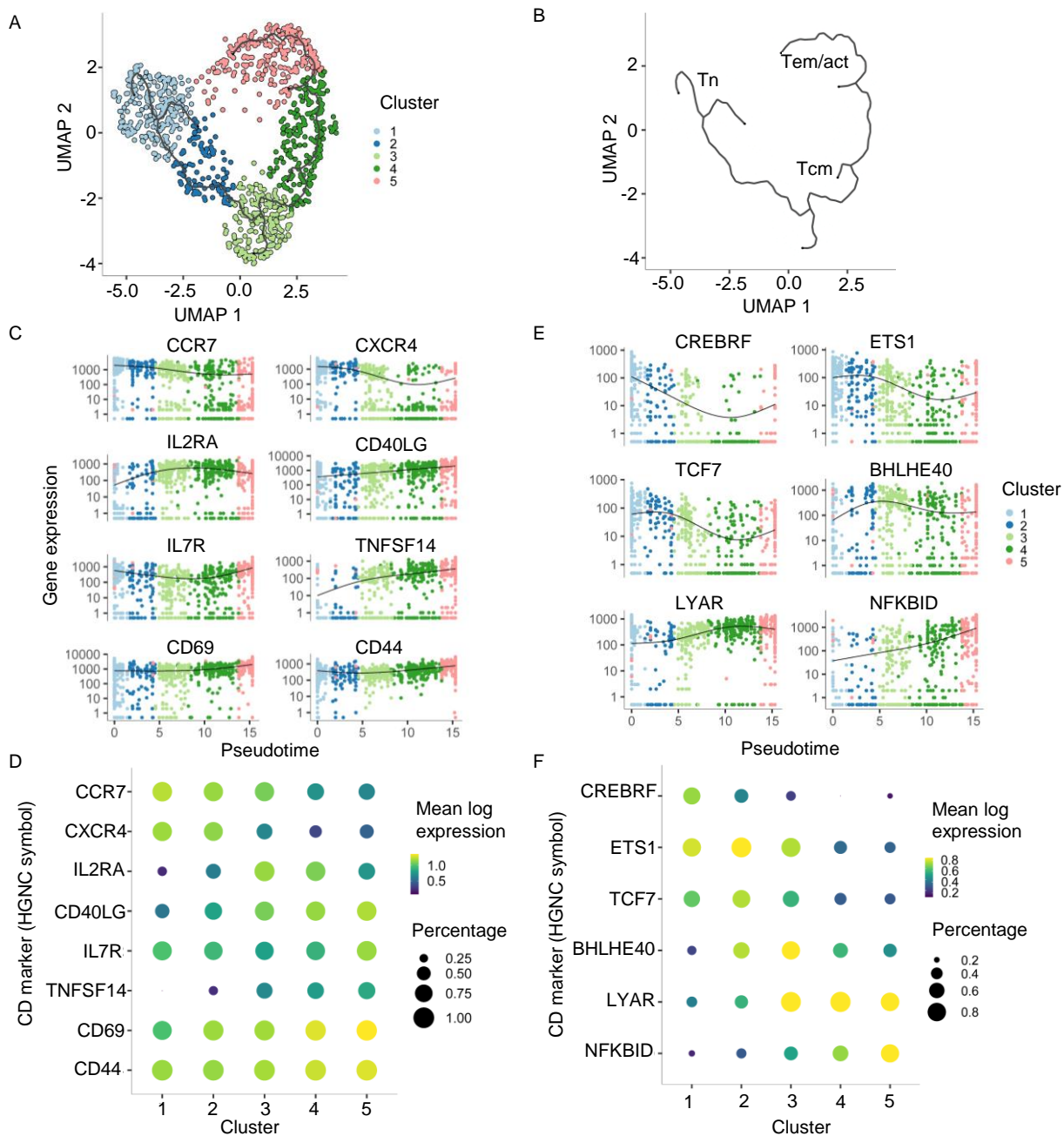
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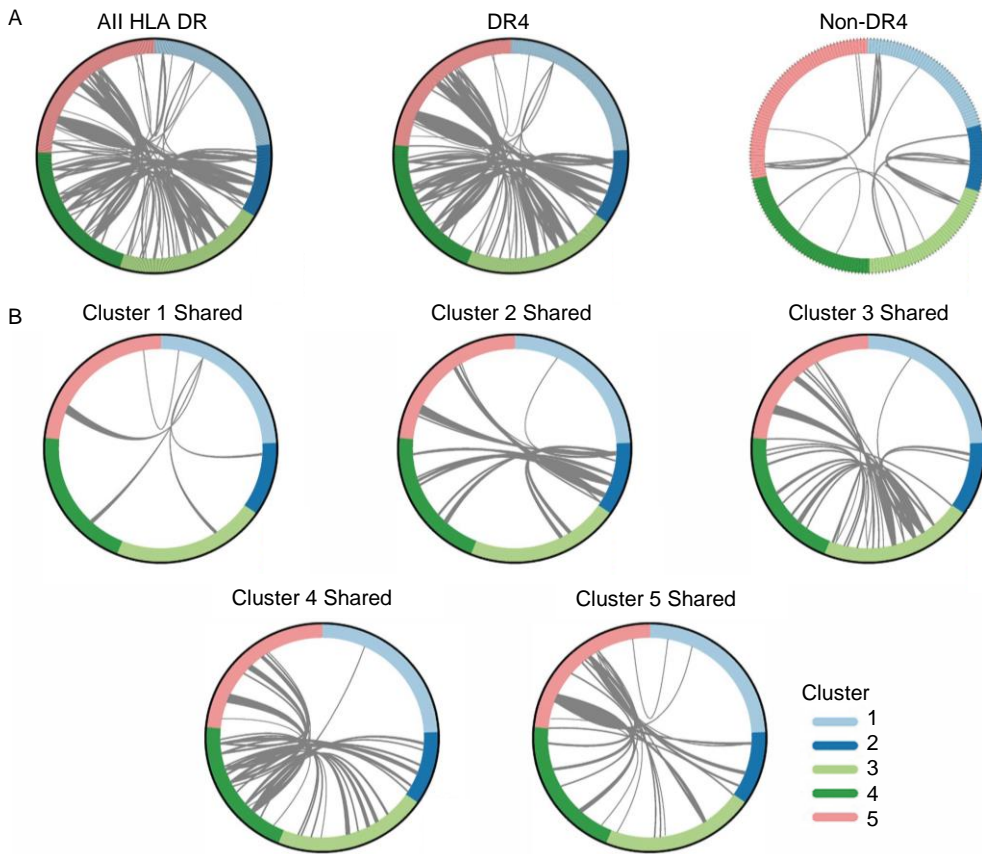
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**Figure 1. IAR CD4 T cells have heterogeneous phenotypes and correlate with alefacept response.** (A) Antigen reactive CD4 T cells were gated as CD154<sup>+</sup>CD69<sup>+</sup> based on the DMSO vehicle control (subject T1DAL-243767). (B-C) The frequency of naïve and memory populations in IAR and viral antigen reactive CD4 T cells in baseline PBMC samples from the treated and placebo groups, n=18. Enriched antigen reactive cells were compared with total CD4 T cell populations from the pre-enrichment samples of the same cultures. Stem cell memory (TSCM), central memory (TCM), and effector memory (TEM) are shown as the percent of antigen reactive or of total CD4 T cells; each symbol represents a unique subject. (D) The mean frequency of each population from B-C. Asterisks indicate significant differences between IAR and viral antigen reactive populations. (E-F) The frequencies of enriched IAR and viral reactive memory CD4 T cells with the indicated T helper phenotypes versus CD4 T cells from the pre-enrichment samples of the same cultures (n = 18). Th1 (CXCR3<sup>+</sup>CCR4<sup>negative</sup>CCR6<sup>negative</sup>), Th2 (CCR4<sup>+</sup>CCR6<sup>negative</sup>), Th17 (CCR6<sup>+</sup>CCR4<sup>+</sup>), and Th1/17 (CXCR3<sup>+</sup>CCR6<sup>+</sup>CCR4<sup>negative</sup>) are expressed as the frequency of memory antigen reactive CD4 T cells or total memory CD4 T cells. (G) The mean frequency of each Th subset from E-F. Asterisks indicate significant differences between IAR and viral antigen reactive populations. Significant differences in Graphs B-G were determined using a Wilcoxon matched-pairs signed rank test with Benjamini-Hochberg adjustment, \**P* < 0.05, \*\**P* < 0.01, \*\*\**P* < 0.001, \*\*\*\**P* < 0.0001. (H, I) Spearman correlation between the frequency of IAR CD4 TCM cells (H) or viral reactive TCM cells (I) per subject in with the rate of C-peptide change in alefacept- and placebo-treated subjects. The linear regression line is shown with 95% confidence intervals in dotted lines.

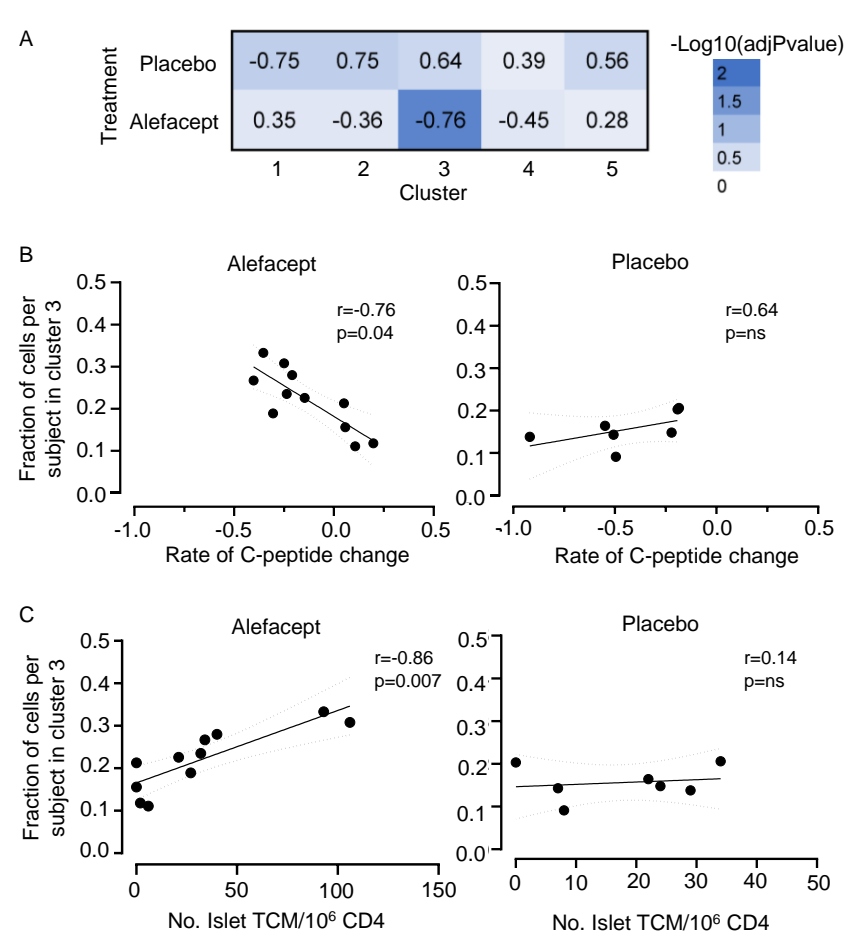


**Figure 2. scRNA-seq profiles from IAR CD4 T cells form a trajectory following differentiation and activation.** (A) UMAP projection of Leiden clustering of scRNA-seq profiles of IAR CD4 T cells ( $n = 1,014$  cells) from T1DAL participants ( $n = 18$ ) defines five clusters of cells with unique phenotypes (**Supplemental Table 3**). Each symbol represents an individual cell from a study participant. The black line denotes a trajectory graph calculated using Monocle 3. (B) Monocle 3 trajectory graph depicted without cells to show inferred transcriptome phenotypes of IAR CD4 T cells: Naïve (Tn), central memory (Tcm), effector memory (Tem), and activated (act) T cells. (C) Pseudotime plots (Monocle 3) of indicated marker transcript levels ( $\log_{10}$  transformed) versus clusters. Genes were defined by the top\_marker function of Monocle 3. (D) Bubble plot of marker genes in C. The color scale indicates mean log expression level of each gene, and the size of each circle indicates the percentage of cells in the indicated cluster that express the gene according to the legend. (E) Pseudotime plots of transcript levels for the indicated transcription factor genes versus clusters. (F) Bubble plot of transcription factors in E.

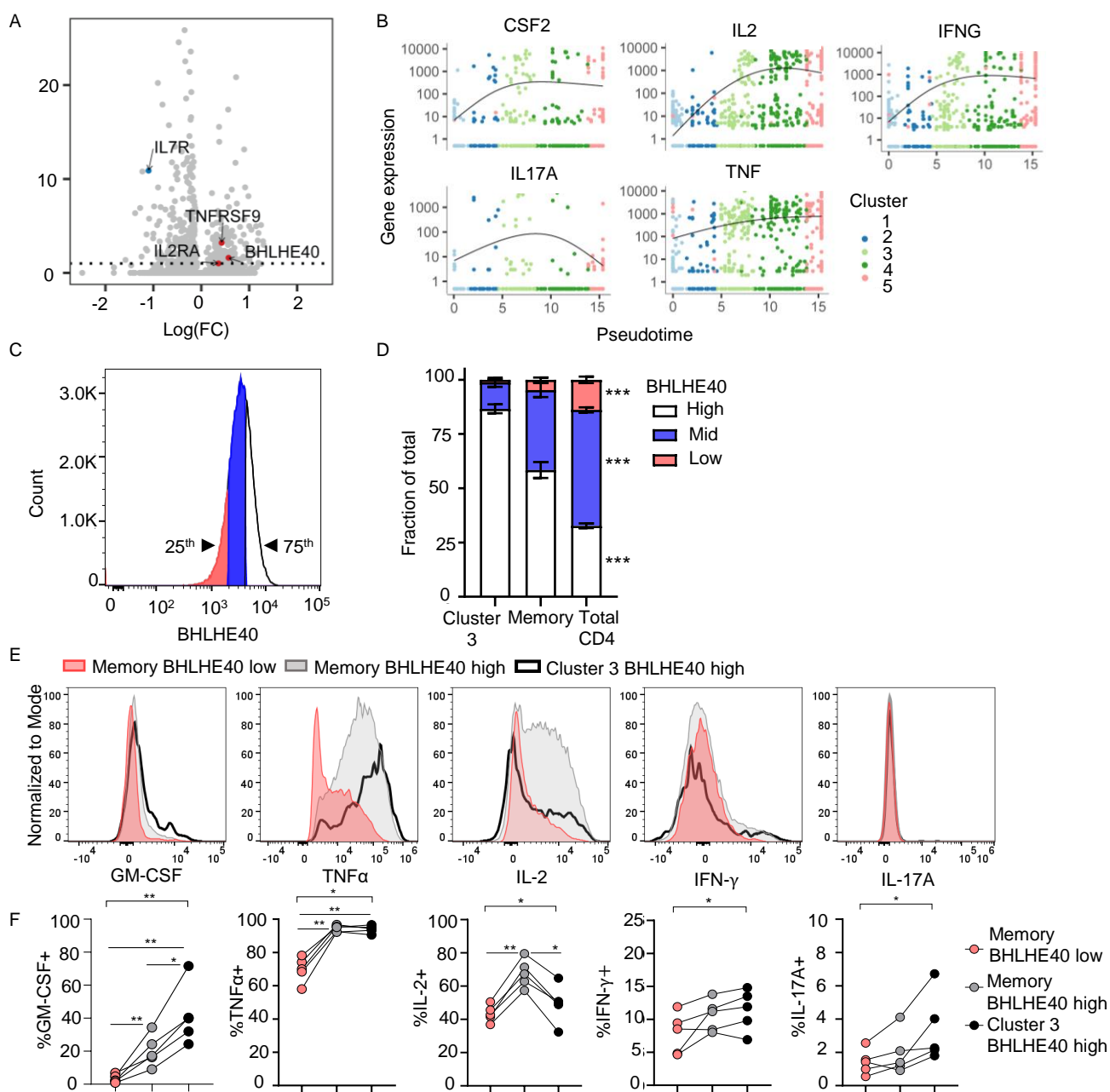


**Figure 3. Expanded IAR CD4 T cells share TCRs between clusters with memory transcript profiles.** (A) Circos plots showing TCR chain junction (V-junction-J) nucleotide sequences shared between  $\geq 2$  IAR CD4 T cells within or between clusters for all 18 subjects. Plots depict sharing between cells regardless of donor HLA (All HLA DR; 993 total cells with 1,954 productive TCR chains, 122 cells with shared chains, 44 unique chains), between cells from 13 subjects carrying a DRB1\*04 allele (DR4; 776 total cells with 1,535 productive TCR chains, 102 cells with shared chains), or between cells from 5 subjects with no DRB1\*0401 allele (non-DR4; 217 total cells with 419 productive TCR chains, 20 cells with shared chains). Each segment in the outer circle represents an individual IAR CD4 T cell with a TCR chain colored by cluster as indicated in the legend. Arcs connect cells that share identical TRA and/or TRB chains; line thickness corresponds to the number of chains shared between each cell. In DR4 subjects there were 71 cells with two shared chains (primarily TRA-TRB pairs), 22 cells that shared one chain (TRB>TRA), and 9 cells sharing >2 chains per cell. Of the expanded cells, 88 shared TCR chains within donors (private) and 12 shared TCR chains between donors (public) (B) Circos plots as in A showing TCR chains shared between cells in clusters 1-5 in DR4 subjects. Each plot represents TCR chains in cells from an individual cluster that are shared with cells in other clusters as indicated by the arcs connecting cells between clusters. Expanded cells comprised approximately 2%, 14%, 26%, 23% and 35% of cells in Clusters 1-5, respectively.





**Figure 4. The frequency of IAR CD4 T cells with a proinflammatory phenotype is linked with C-peptide change in alefacept-treated new onset T1D subjects.** (A) Heatmap representation of adjusted  $P$ -values from Spearman correlations of the fraction of IAR CD4 T cells per subject in each Monocle cluster versus the rate of C-peptide change in alefacept- ( $n = 11$ ) and placebo-treated ( $n = 7$ ) subjects over the two-year clinical trial as listed in **Table 1**. The Spearman  $r$  values are shown in each square. (B) Spearman correlation between the fraction of IAR CD4 T cells per subject in Cluster 3 with the rate of C-peptide change in alefacept- and placebo-treated subjects performed as in A. The linear regression line is shown with 95% confidence intervals in dotted lines. (C) Spearman correlation of the fraction of IAR CD4 T cells per subject in Monocle Cluster 3 versus the frequency of IAR CD4 TCM cells per  $10^6$  CD4 T cells in PBMC from alefacept- ( $n = 11$ ) or placebo-treated ( $n = 7$ ) subjects.  $P$ -values were adjusted for multiple comparisons using the Benjamini-Hochberg test correction.



**Figure 5. Cluster 3 IAR CD4 T cells have a proinflammatory phenotype.** (A) Volcano plot showing  $-\log_{10}$  adjusted FDR vs.  $\log$  fold change (FC) for genes differentially expressed between Cluster 3 cells and all other clusters as determined by fit\_models linear regression function in Monocle 3. The dashed line denotes an adjusted  $P$  value = 0.05. Red dots, selected genes expressed higher in Cluster 3; blue dots, genes expressed lower in Cluster 3. (B) Pseudotime plots of selected cytokine genes in IAR CD4 T cells by cluster. (C) Representative histogram plot of BHLHE40 expression in CD4 T cells detected by flow cytometry. Cells in the top quartile of mean fluorescence intensity were gated as BHLHE40 high and cells in the bottom quartile were gated as BHLHE40 low. Mid refers to the middle 50th percentile of BHLHE40 expression. These gates were copied to CD4 memory and CD4 T cells with a Cluster 3-like surface phenotype. (D) The average percentage of cells with the indicated BHLHE40 expression in Cluster 3-like cells, CD4 memory, and total CD4 T cells expressed as a fraction of the total population,  $n=5$  subjects. (E) Representative histogram plots showing expression of GM-CSF, TNF- $\alpha$ , IL-2, IFN- $\gamma$ , and IL-17A in BHLHE40 low (red) and high (grey) memory CD4 T cells and in BHLHE40 high Cluster 3-like CD4 T cells (black line). (F) The percentage of cytokine+ CD4 memory T cells and Cluster 3-like CD4 T cells with high and low BHLHE40 expression for GM-CSF, TNF- $\alpha$ , IL-2, IFN- $\gamma$ , and IL-17A in the same subjects from D. Significance across groups in the graphs in D and F was assessed using a Friedman test with Benjamini-Hochberg adjustment for multiple testing. A Mann Whitney U test was used for two-group comparisons in the graphs in F. \* $P < 0.05$ , \*\* $P < 0.01$ , \*\*\* $P < 0.001$ .

**Table 1.** Characteristics of T1DAL subjects analyzed in this study.

Subject ID	Age at enrollment	Gender	Treatment	Rate of C-peptide change <sup>1</sup>	Treatment response <sup>2</sup>	HLA class II	
						DRB1	DQB1
T1DAL_323347	13	female	alefacept	0.1980	Complete responder	DRB1 *03;*09	DQB1 *02;*03
T1DAL_576351	12	male	alefacept	-0.3538	Partial responder	DRB1 *04;*04	DQB1 *03;*03
T1DAL_442289	23	male	alefacept	-0.2499	Worse responder	DRB1 *04;*08	DQB1 *03;*04
T1DAL_243767	19	male	alefacept	0.0568	Complete responder	DRB1 *04;*04	DQB1 *03;*03
T1DAL_430783	18	male	alefacept	-0.1468	Worse responder	DRB1 *03;*04	DQB1 *02;*03
T1DAL_185333	13	female	placebo	-0.2210	Partial responder	DRB1 *03;*07	DQB1 *02;*02
T1DAL_769151	17	female	alefacept	0.1067	Complete responder	DRB1 *04;*13	DQB1 *03;*06
T1DAL_920806	27	male	placebo	-0.1919	Complete responder	DRB1 *04;*13	DQB1 *03;*06
T1DAL_932593	16	female	placebo	-0.9191	Worse responder	DRB1 *04;*11	DQB1 *03;*03
T1DAL_975187	32	male	placebo	-0.1848	Partial responder	DRB1 *01;*04	DQB1 *03;*05
T1DAL_794749	17	female	alefacept	-0.3047	Partial responder	DRB1 *04;*04	DQB1 *03;*03
T1DAL_504034	22	female	placebo	-0.5482	Worse responder	DRB1 *03;*04	DQB1 *02;*03
T1DAL_161919	19	male	placebo	-0.5069	Worse responder	DRB1 *01;*03	DQB1 *02;*05
T1DAL_325261	21	male	alefacept	-0.2363	Partial responder	DRB1 *01;*03	DQB1 *02;*05
T1DAL_589524	34	female	alefacept	-0.4024	Partial responder	DRB1 *03;*04	DQB1 *02;*03
T1DAL_707887	17	male	alefacept	0.0508	Partial responder	DRB1 *03;*10	DQB1 *02;*05
T1DAL_137962	23	male	placebo	-0.4949	Worse responder	DRB1 *04;*04	DQB1 *03;*03
T1DAL_944872	17	female	alefacept	-0.2094	Worse responder	DRB1 *04;*13	DQB1 *03;*06

<sup>1</sup>Rate of C-peptide change over 24 m estimated with a random effects model of log(C-peptide 2 h AUC) values.

<sup>2</sup>Treatment response category as reported by Rigby et al. (19)